

Understanding Addiction Workshop

Welcome to Virtue Healthcare Education

The Understanding Addiction workshop has been designed to assist people in understanding the underlying causes of Addiction and how best to support those experiencing addiction issues. We examine the different impacts of addiction on the person, whanau and wider community. Then look at ways of how to support, encourage and motivate change and to maintain a healthy lifestyle.

Training Outcomes

Trainee's will learn

- What is an addiction and how its effects the brain
- The different types of substance and non-substance abuse and their harmful effects
- The underlying issues that may be causing the dependency
- The different methods/techniques to create change, and supporting the recovery process
- How to respond to different situations that may arise
- How to maintain hope and be effective in your role

Location

We come to you! Depending on your circumstances we offer on-site training or local workshops. Contact us if you would like to organise on-site training or to see when the next workshop is happening in your area.

Our Workshops

Our workshops allow participants to learn in a structured and enjoyable environment. Content is up-to-date and specifically tailored to be relevant for the trainees and the environment that they work in. Workshops are designed to be entertaining and interactive to maximise learning outcomes and cater for different learning styles.

If you have any questions about this workshop or this brochure please do not hesitate to contact our workshop organizer

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QUICK INFO

Duration: 1 full day workshop

Workload: 9.00am – 4.00pm

Cost: \$100 + GST (per person)